**Cameron Woods Family Update Fall 2020**

11/12/2020

As I'm sure most of you know, the Covid19 pandemic has recently spiked significantly in our region. To combat potential in-house exposure, we have implemented room service for all meals and eliminated outsider people for activities through the end of the year.

We have received several calls from families with concerns about resident safety, especially with the holiday season.

Because we are an unlicensed facility we cannot "lockdown" the building to our residents or outsiders. We can only give information and encourage safe choices such as distancing, hand washing, and proper mask use. We are doing daily check-ins with all our residents at meal times, taking temperatures, and monitoring any potential signs of illness.

Residents with any symptoms are asked to quarantine themselves for both their safety and the safety of the Woods community and staff. Any individual health concern is immediately forwarded to the resident's family to discuss options for their care.

**If a resident does decide to visit family outside the building for the holidays, we are requesting that they quarantine themselves for 14 days after the party.** This is for the safety of the Woods community. We HIGHLY SUGGEST not including your loved one at a large family meal. This seems to be one of the easiest ways to get the virus...eating together and talking. If they must go out, please do your best to keep them distanced and have everyone wear a mask correctly. It really is important. For my own family, we are only doing a gift exchange this year with no food. The grandparents can still enjoy watching everyone open gifts from a distance.

At Woods, we have had one staff member and two residents who tested positive for the virus. They were all immediately quarantined. We worked with the residents' families and were able to have them move out of our facility until they were no longer considered contagious.

I REALLY APPRECIATE their willingness to be flexible in keeping the rest of the community safe. None of these folks contracted the virus inside Cameron Woods – they were all traced to either an outside caregiver or family member.

**We are doing our best to stay ahead of this crud to keep our Woods family safe with the following precautions:**

- All staff and residents must be diligent in handwashing and the use of hand sanitizer. More is better. Any time you touch your face/nose/mouth use sanitizer. If not for yourself, think about those around you.

- All residents should limit the number of visitors they have. We are NOT locking down the building. We are limiting the number of visitors per resident room. **Please only 2 people per resident.** More than that makes it difficult to distance correctly. **No kids under 18 are allowed to visit in resident rooms at his time.**

- Any residents who feel as though they may be coming down with a cold/sneezing/coughing will be asked to wear a mask (which we will provide) and/or stay in their rooms until they are cleared by their physician or have the director's approval.

As most of you know, we can do outside shopping for our residents. We would prefer to order items through the Walmart website and use the pick-up option to lessen the risk of our staff going into the store. Please contact the receptionist if you would like to set this up for your resident. We pick-up items Monday -Friday right after lunch each day.

**We need BINGO prizes**! One of the favorite activities still seems to be BINGO which we have 3x a week. If you would like to contribute your crafting talent or want to donate (Dollar Tree is one of our main sources for prizes), we would be happy to accept prizes!

**PUZZLES (larger pieces, please) and LARGE PRINT books are also greatly appreciated**. We are also happy to swap puzzles – we have over 100, but most have been put together several times now – Doyne likes a challenge!

We do appreciate the encouragement and prayers during this difficult time – it helps us get through the days a little easier.

Best wishes and BE SAFE this holiday season!

-Brad